

## Sandwiches

Served with french fries or house made slaw.  
Substitute sweet potato fries - 2.00



## Lunch Specials

Served with salad  
13.50

**Crab Cake Sandwich 15.99**  
Lettuce, tomato & your choice of Tartar or Cajun Remoulade, served on a brioche bread

**Chicken Spinach Panini 12.25**  
Pesto sauce, spinach, roasted red peppers, green peppers, fresh mozzarella cheese & a balsamic reduction, served on a grilled ciabatta bread

**College Turkey Club 11.25**  
Bacon, lettuce, tomato, roasted turkey & provolone cheese with chipotle mayonnaise, served on toasted white or wheat bread

**Chicken Wrap 9.99**  
Grilled chicken with lettuce, tomato, cheddar cheese & ranch dressing wrapped in a warm spinach tortilla

**Shrimp Wrap 12.50**  
Seared shrimp with lettuce, tomato, cheddar cheese & ranch dressing wrapped in a warm spinach tortilla

**California BLT 9.99**  
Bacon, lettuce, tomato, red onion & avocado, served on toasted white, wheat or Rye bread

**French Dip 12.99**  
Prime rib of beef with Swiss cheese & au jus, served on a garlic ciabatta bread

### Lunch Favorites

**Fish Tacos 11.50**  
Panko breaded and fried cod, Cajun house-made slaw & mango salsa, finished with a Lime Crème

**Element Tenders 10.99**  
Breaded chicken tenders tossed in your choice of Buffalo, Thai Chili or BBQ sauce, served with French fries

**8oz. Grilled Sirloin 14.99**  
8oz grilled sirloin steak, served with French fries

**Crab Mac & Cheese 19.99**  
Cavatappi pasta, tossed in a crab three cheese sauce with asparagus, diced tomato and toasted panko topping

**Chicken Pot Pie 15.99**  
Chicken pot pie prepared the good ole' fashion way

**Beer Batter Cod 14.50**  
Alaskan cod coated in a Yuengling beer batter and deep fried served with a choice of our seasoned wedge potato or Cole slaw

**Clams Linguini**  
Sautéed chopped clams in a garlic wine and served over linguini pasta

**Shrimp Scampi**  
Shrimp sautéed in garlic butter wine sauce served over linguini

**Grilled Tilapia**  
Farm raised fish grilled, served with a wedge potato or Cole slaw

**Penne Vodka**  
Penne pasta served in our signature vodka sauce with mushrooms, peas, onions & sundried tomatoes  
Add Grilled Chicken or Blackened Chicken - 3.00  
Add Shrimp - 6.00 Steak - 10.00 Salmon - 8.00

**Chicken Parmesan**  
Breaded & fried topped with marinara, mozzarella cheese, baked & served over linguine

**Lemon Chicken**  
Garlic, white wine & lemon cream sauce over angel hair

**Chicken Marsala**  
Sautéed tenders with mushrooms & onions served over chicken breast in marsala sauce

**Chicken Teriyaki**  
Seared chicken breast over sautéed mushrooms & onions in homemade teriyaki sauce

**Pineapple Salsa Chicken**   
Grilled chicken breast marinated in basil herb, topped with fresh home-made pineapple mango salsa

**Element Chicken**  
Grilled chicken tenders topped with sautéed garlic, tomato, fresh basil & shitake mushrooms in a white wine butter sauce

**Orange Flavor Chicken**  
Chicken stir fried in our homemade tangy orange sauce, served with steamed broccoli

**Fish N' Chips**  
Panko breaded and fried cod with french fries, lemon & choice of sauce

**Roast Beef and Fries**  
Top round roasted topped with brown gravy, served with french fries

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**Half Rack Beer Braised Ribs Combo 14.99**  
Pork baby back rib, slow braised in beer, served with french fries & house made slaw

With grilled BBQ chicken **add 8.00**  
With BBQ jumbo shrimp wrapped in bacon **add 12.00**

Choice of sauces, sweet bourbon, hickory barbecue, sweet Thai chili

## Specialty Sandwiches

All sandwiches served with Cole slaw or seasoned potato wedge

**Chicken Crunch Rancher 13.99**  
Chicken with ground captain crunch breading, deep fried and topped with bacon, ranch dressing, lettuce and tomato on ciabatta bread

**Voodoo Chicken 15.25**  
Blacken chicken filet & chorizo sausage topped with Monterey jack & sautéed red & green peppers accompanied with a creole sauce

**Cuban Panini 15.50**  
Roast smoked pulled pork, ham, spicy mustard, mayo, Swiss cheese & pickle slices on ciabatta bread

**Southern Pulled Pork 13.50**  
Our own seasoned slow smoked roasted pork, tender pulled & tossed in a barbecue sauce & topped with frizzled onions on a brioche bun

**Island Shrimp Salad Sandwich 15.75**  
Poached baby shrimp in a zesty lime dressing with shredded lettuce, diced tomato & sliced avocado on toasted ciabatta bread

## Burgers

**Build-A-Burger 9.25**  
Our fresh never frozen ground Black Angus chuck, 8 oz. burger patty grilled, on a fresh baked brioche bun with lettuce, tomato, a pickle and a side of french fries or cole slaw

**Toppings:**  
Choice of cheese, horseradish cheddar, caramelized onions, sautéed mushrooms, frizzled onions, sliced onion, jalapeno, or red & green peppers... **1.00 / each**

Bacon, guacamole, fried egg, avocado, parmesan style, blue cheese crumbles, feta cheese... **2.00 / each**

**Element Burger 15.00**  
Fresh 8 oz. burger char-grill topped with cheddar cheese, our specialty sweet bourbon sauce topped with frizzle onions on a brioche' bun with lettuce & tomato, served with french fries or cole slaw